

# Building Confidence around cows for both the horse and rider.

This Clinic is for members new to Cows, or with a new horse to cows, registration will be open for beginners until June 18<sup>th</sup> (Father's Day). Members with some limited experience may also benefit from this clinic, and are encouraged to register, by June 18<sup>th</sup>.

We talked to Gail Cantrell in January about helping us put on a clinic, since VPR does Ranch sorting at Wagon Wheel, and riders come across cows on many trails in San Diego County. We thought it would be a good idea to teach the basics to members new to cows, or with a new horse to cows. Sincerely, Donna, Bob Hein & Cathy Dameron

**Date: June 30, July 1 & 2<sup>nd</sup>. Cost: \$125.00 (includes both days)**

Note from Gail Cantrell: I started working cattle for the sport of team penning in 2000. That was shortly after I began riding and owned my first horse. I didn't realize that I was a green rider with a green horse, and I never rode as a child, so I've had a lot of bad riding habits to undo. The last 17 years have been filled with quests to improve my riding and cattle working skills through many clinics and lessons. One of them being with Richard Winters. I have competed regularly in team penning and team sorting over the last 10 years, and recently started poker sorting with the cattle. I regularly take lessons and practice on cattle weekly.

We are limited to 20 riders. Camping will be available starting Friday at 3:00PM night ending on Sunday at 4:00PM you are encouraged to camp over night to help your horse get comfortable with the cows. You may attend and go home each day, if that works best for you.

Friday June 30<sup>th</sup>, Pizza on the Patio at 6:30, we will provide pizza and a large salad for riders. We will talk about the basics and set some goals.

**Each rider please bring for the weekend your own drinks, napkins, plates, bowls, and utensils, don't forget your coffee cup, something for the potluck on Saturday evening, and your lunch for both days.**

## Saturday July 1<sup>st</sup>

Breakfast at 8:00 on Patio, continental style, quick and easy, VPR to supply.  
Lunch 12:00 you supply gather on the patio.  
Dinner 6:30 Potluck

**We will form 2 groups of 10 riders working half the herd for no more than 2 hours. Then work the other 10 riders and the other half of the herd.**

## **Day 1 Group 1 Ride-time 9:00 Group 2 Ride-time 1:00**

Activity 1: Get the horses comfortable around cows, just walk around them.  
Activity 2: Push 1 cow  
Activity 3: Push 2 cows  
Activity 4: Form teams take turns working the gate and pushing 2 cows

**Goal for the day: Learning to move the cows, push here will move the cow that way, get comfortable around cows.**

## **Sunday July 2<sup>nd</sup>**

Breakfast at 8:00 on Patio, continental style, quick and easy, VPR to supply  
Lunch 12:00 you supply gather on the patio.  
Debrief 3:30 on patio

## **Day 2 Group 2 9:00 ride time Group 1 1:00 ride time**

Repeat Activity 2 and 3, then work with 3 cows in teams (no timer) all just for fun and to learn.

If this clinic goes well it could be repeated.