

# RIDE TO MUSIC

October 13th & 14th

Vista Palomar Riders  
973 Little Gopher Canyon Rd.  
Vista, CA 92084

Join us for this fun and creative journey that will help us to become better horsemen and women in a goal oriented way! This 2 day clinic (October 13th & 14th) is open to riders of all disciplines. Ages 12 and up are encouraged to participate. Use this clinic to develop ideas for the upcoming show season or to create a demonstration to perform at local events or to simply try something new.

We will encourage a safe and fun learning experience at a pace and level comfortable to our participants.

Schedule for  
Day 1  
October 13

## **8:00-9:00am Meet and Greet**

- All Participants Attend & Introductions
- Riding to Music & in Groups: How & Why
- Start to formulate riding groups for the day

## **9:00-9:45am Dismounted Group Arena Exercises**

Familiarization with the Arena

Familiarization with Safety Guidelines for Riding in Groups

Familiarization with some of the movements ridden in routines

**\* 9:45am 15 minute break (or Tack up!) \***

## **10:00-12:30pm 1st Group Ride with Music**

Mounted Safety Rules for Group Riding

Discovering the Rhythm & Timing of our horses Gaits

Getting a feel for our participants and their horses

**\* 12:30pm Break for Lunch (30min) \***

## **1:00-2:30pm 2nd Group Ride with Music**

Mounted Safety Rules for Group Riding

Discovering the Rhythm & Timing of our horses Gaits

Getting a feel for our participants and their horses

**\* 2:30pm 15min break \***

## **2:45pm Discuss Group Options and Routine Ideas**

## **3:00-5:00pm Work Individually or in small groups with Participants**

**5:00pm: End of day 1. See you tomorrow!**