### VISTA PALOMAR RIDERS NEWSLETTER

### **SUMMER 2024**

### President's Message

Dear Members,

I hope this message finds you well and enjoying the beautiful summer weather as we continue our equestrian adventures at Vista Palomar Riders. It's truly amazing how quickly time flies, with the year already halfway through and Fourth of July just around the corner. Summer is in full swing, presenting the perfect opportunity to hit the trails with our beloved fourlegged companions. As we embrace the joys of the season, let's remember to stay cautious while out riding, especially with the increased activity of snakes and other creatures in the area.

I am thrilled to share that our club has had an incredibly successful year thus far, thanks to the enthusiastic participation and support of our dedicated members. From engaging clinics and exciting shows to thrilling cattle camp sorting competitions and a variety of non-equestrian events, it has been a year filled with fun and camaraderie at our club grounds. I extend my deepest gratitude to each and every member for your unwavering dedication and passion for all things equestrian.

Looking ahead, we have a lineup of exciting events and competitions planned for the upcoming months. Mark your calendars with these important dates:

- Monthly trail ride on July 6 at 9:00am
- Monthly board meeting on July 10 at 6:30pm
- Patriotic-themed potluck on July 17 at 6:00pm (BBQ - wear your best red, white, and blue outfit!) Dr, Max Wilcox, DVM
- Work party on August 3 starting at 8:00am (lunch provided for volunteers)
- Monthly board meeting on August 14 at 6:30pm
- Casino Night on August 17 at 6:00pm
- Hawaiian-themed potluck on August 21 at 6:00pm
- Save the date: Kids for Country fundraiser on October 5th
- Wagon Wheel event from October 11-13th

#### IMPORTANT DATES

#### **Board Meeting**

Aug 14 @ 6:30 pm

#### Potluck

July 17 @ 6:00 pm

Aug 21 @ 6:00 pm

#### Work Party

Aug 3 @ 8am -12:00

#### Trail Ride

1st Saturday of the

month

Leave the club at

10am

Casino Night

Aug 17 @ 6:00 – until ?

**Kids for Country** 

Fundraiser

Oct 5

#### **SCHC** Show

July 20 – 21

Nov 9 – 10

#### Wagon Wheel

Oct 11 – 13

#### Jerry Tindell Clinic

Nov 15 -17

A special shoutout to our dedicated volunteers who work tirelessly behind the scenes to make Vista Palomar Riders a welcoming and inclusive club for equestrians of all levels and disciplines. Your commitment and hard work are deeply appreciated, and I am grateful for everything you do to ensure the smooth operation of our club.

Let's extend a warm welcome to the 12 new members who joined our club last month. Please take the time to introduce yourselves and make them feel at home within our community. I look forward to seeing everyone at our upcoming events and coming together to celebrate our shared passion for horses and fun activities.

Wishing you all safe and enjoyable rides on the trails ahead!

Warm regards,

Mario Denys President

Vista Palomar Riders



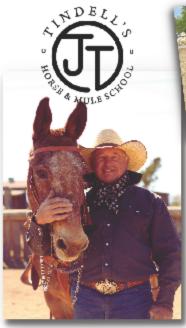
Hi Members,

Please set aside the dates of Nov 15 - 17 for an awesome clinic! Jerry and Jana Tindell will be with us again for a wonderful teaching and relationship building time with your horse partners.

For those who have attended past clinics, Jerry will be building on the advanced horsemanship on Friday, Nov 15 & 16. Then on Sunday, he will do a one-day beginners' clinic for those who need more on the basics or more focus on your horsemanship.

This is open to members and non-members. The attached flyer has the clinic fees, but there is an additional "club" fee for the grounds, and it includes lunch. The Member fee for two-days is \$50, one-day is \$25, and the non-member two-day fee (which includes corral and camping) is \$80 for the two days and \$35 for the one-day clinic (can also camp Saturday night and use corral). Please spread the word, this is a very worthwhile event!

Of course, auditing is also available. If you have any questions, please call Gail Cantrell at 760 519-0628 or email <u>gailgallops@gmail.com</u>.



#### CLINIC HOST:

Vista Palomar Riders Gail Cantrell (760) 519-0628 gailgallops@gmail.com "please contact for overnight boarding/oamping and facility questions.





# ADVANCED LEARNING **HORSEMANSHIP 1** November 15 - 17, 2024

VISTA PALOMAR RIDERS 973 LITTLE GOPHER CANYON RD. VISTA, CA 92084

Register @ jerrytindell.com

Horsemanshin 1 Nov. 17-16 \$550 \*\*All 3 Days Special Rate \$650\*\* Audit \$30 (per day)

> \*\*VPR Fees will apply and be Collected separately. contact clinic host for more details.

Topics to Be Covered and Not Limited to:

- Lateral and vertical flexion,
- Hindquarter and front quarter control
- Soft Feel and Carrying Frame
- Lead Departures
- Trailer Loading
- Maneuvering Obstacles

Jerry teaches you effective horsemanship that allows you to be safe and communicate with your animal in a way that is true to their nature. Take the next step to Going Beyond Green and get deeper in your ride! Class size is limited for specialized instruction tailored to each riders needs.

Register@jerrytindell.com or 760.500.8129

#### THANK YOU ALL FOR YOUR SUPPORT BY PARTICIPATING IN THE VISTA PALOMAR RIDERS EXTRAVAGANZA!!!!!!

ATTENDEES: Please know how much your participating in VPR events is appreciated by the Vista Palomar Riders and makes it all worthwhile. We do this for our VPR family!!!! We'll be posting pictures on the VPR website and VPR FB page. In the next issue of the VPR Newsletter there will be a ditty and more pictures. Checks these out.!!! Thanks to all the people that took the fun pictures. The Clinicians did a fantastic job and as always available when called upon. Tom Marshall, TWM Roofing, Cathy Hanson Performance Horse, Lindsey Minor, Jagger Denys-Rope Swinger, Jennifer Jones-Clinton Anderson (certified)

> And Jodi Childs, Del Dios Training Stables THANKS FOR THE MEMORIES!!!!!

> > The Extravaganza Committee

Teri, Lyn, Julie (salad), Kim (Goodie Bags), Jini and Judy (Announcer) And our token male – Kevin







# **Welcome New Members:**

Ed Adams Nancy Biele Anita Sisouvong Katie & Lynn Smothers Laurie Wall Jim Norcross Kim Heinbuck Edith & Justin Snyder Bethany & Rich Lockridge Becky Smith **David Creamer** Teresa Kennedy Natalie Kuehl Stacy Locke **Raquel Michel** Lance Ricotta

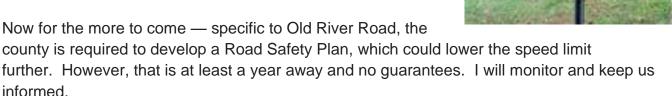


On Friday, June 7, 2024, the San Diego County Traffic Advisory Committee (TAC), voted to recommend to the Board of Supervisors to install the following along the following roadways: Old River Road, from SR 76 to Dentro dos Lima's - 45 mph speed limits, they will also be posting equestrian crossing signs on each side of the intersection of Old River Road with Little Gopher Canyon Road (LGCR). This is 5 mph lower than the state-mandated 50 mph. They are only allowed to post the speed lower than state mandates by 5 mph for a few reasons. Equestrians and other extenuating circumstances aid with that lowering, but they are limited. Also, without this study, findings, and eventual posting of speed limit signs, CHP will not enforce or cite speeders. More to come - see below.

For LGCR, they recommended a 30-mph speed limit, which will be the entire length from Old River to Gopher Canyon. They will also be posting equestrian crossing signs (2 in each direction) between Old River and La Primavera Dr. This too is 5 mph lower than the maximum allowed by law for the same reasons.

Now for the bad news, due to state laws, these aren't effective until the Board of Supervisors voted on them. Due to the County Bureaucracy, that won't be until October 15, 2024. I'm going to write a letter to share with the Board of Supervisors that will request that item be expedited to the extent possible.

Now for the more to come — specific to Old River Road, the



Thanks. David P. Dollahon, AICP

**Owner - DPD Solutions** 

Boarder at River Trails Ranch, Alto's owner



Save these Dates to meet other members and support your club!

- 1. Wednesday, July 17 Summertime foods POTLUCK -Open to non-members, so invite a friend!
- 2. Saturday, August 3 Work Party 8 12:00 Pizza Lunch
- 3. Saturday, August 17 6pm "Lights out" CASINO Night! Open to non-members also.
- 4. Saturday, October 5 "Kids for Country" a Country Gala Fundraiser
- 5. October 11-13, our yearly Wagon Wheel event
- 6. November 15-17 Jerry Tindell Clinic reserve now!

Happy Trails, VPR Board





Vista Palomar Riders Lorinda Quatrale

WANTED: If you have Administration skills to run our Facebook Page, we need you! It would be very helpful to have a person to do our Social Media. If you think you could do this, someone will give you all the teachings to do this for us. Please inquire to our email!!

# Thank you to our Sponsors







# Charles D. Richmond Attorney at Law

(858) 755-0965 www.cdresq.com charles@cdresq.com



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## **RECYCLING!**

In 2024, the County has mandated that all businesses need to recycle into proper containers, or they can be fined. This is tricky for us since we don't have anyone at the club facility to be putting out the garbage!

Well - it appears that our members need a little help in this area anyway! I recently had two garbage cans side-by-side at our last event - A blue recycling can, and a regular garbage can with liner. The regular garbage can had a handful of garbage, but was 3/4 full of recycling containers! We are designated "self-haulers" for our recyclables, so it isn't like your home recycling bin. We can only put in glass, aluminum, and plastic that we can bring to the recycling center.

The dumpster by the barn is only for green waste, and the one at the clubhouse is only for regular trash.

Gail Cantrell



# Cattle Sorting Winners at VPR



### **BULLETIN BOARD:**

Friends and family.

I currently serve on the board of the Friends of El Corazon. The Friends of El Corazon (FELC) established the summer concert series in 2023 to raise awareness of the "People's Park" of Oceanside that is El Corzaon. FELC is pleased to continue the concerts this summer. See attachment, but our first concert is on Sunday, July 28th starting at 2:00 pm (2-4 pm free family activities, 4 - 7 pm music featuring O'side local cover band - Gone Blonde).

As part of our promotion efforts, we ask that you share this email with all your friends, family, and contact lists in and around Oceanside to help us raise awareness of both the park and the fabulous music.

Also, we are also looking for continued sponsorships (friends, families, individuals, businesses, and non-profit organizations). Sponsorships are what keeps the concert free to the

public. There are varying levels of sponsorship available. If you are interested, please make outreach to the Board Members of Friends of El Corazon (www.friendsofelcorazon.org) or me.

Lastly, as part of our on-going efforts to improve the environment, we are encouraging everyone to carpool with friends and family, to ride your bike, walk, or take the Sprinter to the Rancho Del Oro Station and walk up the hill (if walking or taking the Sprinter, take an umbrella to shade yourself on the walk). Food is available for purchase but bring your lawn chairs or blankets to sit on.

As this is an active soccer field where the Concerts are being held and restrictions by SoCal Sports Complex no pets of any kind are allowed, including service animals. So, please leave Fifi and Fido at home -- they need a break from you anyway.

David Dollahon Thanks. Let me know.



#### FREE PONY TO LOVING HOME

He came from Reins. He was a favorite there. About 25-28. Really gentle and loves kids.

I got him for my nieces, but they only come once a year to ride. He needs more attention than that.

He loads in the trailer and stands quiet when tied. I pony him with my horse.

These are his issues.... He doesn't have many back teeth and cannot eat hay. I feed him soaked beet pulp flakes and orchard pellets.

I do keep him with another horse, but when they are together, I put a grazing muzzle on him, so he doesn't eat any hay.

He foundered two years ago – my fault, I was feeding him a senior feed. He is sound now. I keep front shoes on him with pads. He had blood work recently and <u>does not</u> have Cushings.

Thank you for your help.

Laurie Perrault Bonsall Petroleum Construction, Inc. PO Box 969, Bonsall, CA 92003 California Contractors License 682742 Office (760) 631 0342 Fax (760) 631 0526 Cell (760) 802 0217







Western saddle for sale 16-inch seat, full quarter horse bars. \$250 OBO. Call Linda 760 583-7181 or email Gail at gailgallops@gmail.com







### WANT TO GO CAMPING WITH YOUR HORSE?

You can camp almost anytime. There are just a few weekends when there might be a grounds rental. Just let me know if it's a day when you wish to stay over. Gail Cantrell 760 519-0628



SAVE THE DATE - Stay tuned for an extravagant evening on Saturday, October 5. "Kids for Country" will be a big benefit event to support the club's patio repairs along with helping the Vista Boys and Girls Club. We will help the kids of Vista discover the historical bit of country that VPR has to offer.

**Disclaimer:** The Vista Palomar Riders, Inc. (VPR) merely provides this bulletin board for informational purposes and is not involved in any aspect of those transactions. VPR makes no representations or warranties of any kind, express or implied, as to the services or items for sale in this newsletter.

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